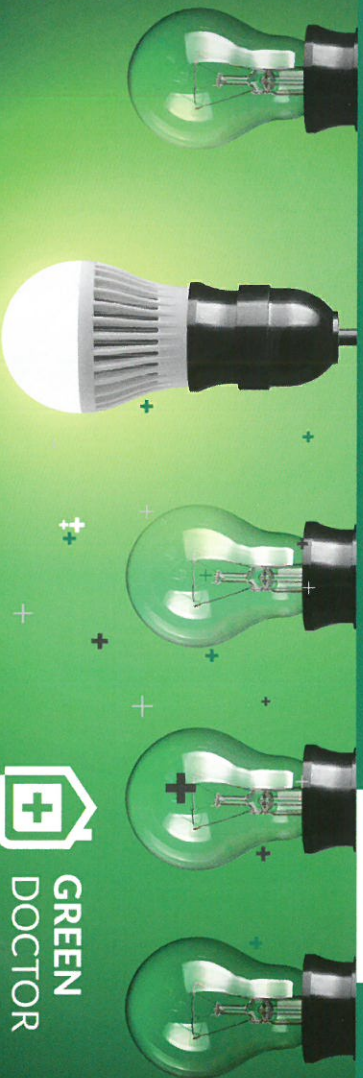


# GREEN DOCTOR Cumbria

South Lakeland ● Barrow-in-Furness ● South Copeland



Green Doctor Cumbria is a **FREE** service providing bespoke home energy advice and simple energy saving measures.

The service aims to help reduce energy costs, improve health and wellbeing, promote behaviour changes and create warmer homes.

[www.groundwork.org.uk](http://www.groundwork.org.uk)



[facebook.com/GroundworkCumbria](https://facebook.com/GroundworkCumbria)

Book a call  
or home visit  
using the  
information  
below:



**We can help if **any** of the following apply:**

- A household with someone under 5 or over 65.
- In debt or struggling to pay fuel or water bills.
- Low income.
- Living with physical or mental health issues.
- Receiving benefits.
- Homeowner or tenant facing poor housing conditions.



<http://GreenDoctorCumbria.info>



01229 486430

GREEN DOCTORS CAN HELP YOU  
TAKE CONTROL OF YOUR FUEL BILLS



**FREE Energy saving measures**  
Easy to install measures that will help reduce bills.



**Debt and billing advice**  
Advice on fuel or water debt and help with billing or metering problems.



**Energy efficiency and heating controls guidance**  
Helpful hints and tips that can save energy, water and money.



**Advice on reducing damp or mould**  
Suggestions on the causes and how to remedy unhealthy damp or mould.



**Check your energy tariff**  
Is there a tariff available to you which will save you money?



**Home improvement advice**  
Information on grants available to improve energy efficiency and comfort.



Supported by the  
**Cadent Foundation**



Supported by the  
**Cadent Foundation**