FREE Energy Saving Measures

- Advice on reducing your energy consumption
- Tips on saving energy, water, and money
- Advice on resolving damp or mould
- Advice on finding and reducing energy costs

Home improvement advice

- Energy efficiency and heating control
- Advice on tackling fuel and electricity bills
- Advice on fixing or replacing faulty electrical or heating systems
- Advice on heating and water bills
- Advice on resolving energy bills

We can help if any of the following apply:

- Homeowner or tenant facing poor housing conditions
- Insufficient income
- Low income
- Living with physical or mental health issues
- In debt or struggling to pay fuel or water bills
- A household with someone under 25 or over 65

Green Doctor Cumbria is a FREE service providing bespoke home energy advice and simple energy-saving measures.

Take control of your fuel bills

Facebook: @GroundworkCumbria

Green Doctor Cumbria

For specific information on energy, visit greenandroid.org.uk

For further information, contact us at 01229 486430