



# #CANDO

TRANSFORMING WEST CUMBRIA



# Youth Advisory Panel

## INFORMATION PACK



**CUMBRIA**  
COMMUNITY FOUNDATION



## WHO WE ARE:

Cumbria Community Foundation is an independent award-winning grant making charity dedicated to meeting the needs in our communities by assisting charities and voluntary organisations and supporting individuals in Cumbria.

Since the Foundation was established in 1999, more than £50 million has been given out in grants that have made a real difference to the most disadvantaged people in our county.

Our generous donors and fundholders made those grants possible: ordinary people and businesses who want to invest in and give back to their local communities.

# WHAT IS THE #CANDO PROGRAMME?

#CanDo aims to support the ambition of developing a lifetime commitment to social action and increase the number of opportunities for young people to volunteer, fundraise, or campaign on issues that are important to them, with a commitment to reducing the social and financial barriers that stop some young people from taking part in social action.

Funded by Sellafield Ltd, with match funding from Thomas Graham & Sons and local donors, it is part of Transforming West Cumbria, a multi-year social investment programme developed by Cumbria Community Foundation. It focuses on promoting thriving communities by supporting sustainable activities that create self-reliance and independence.

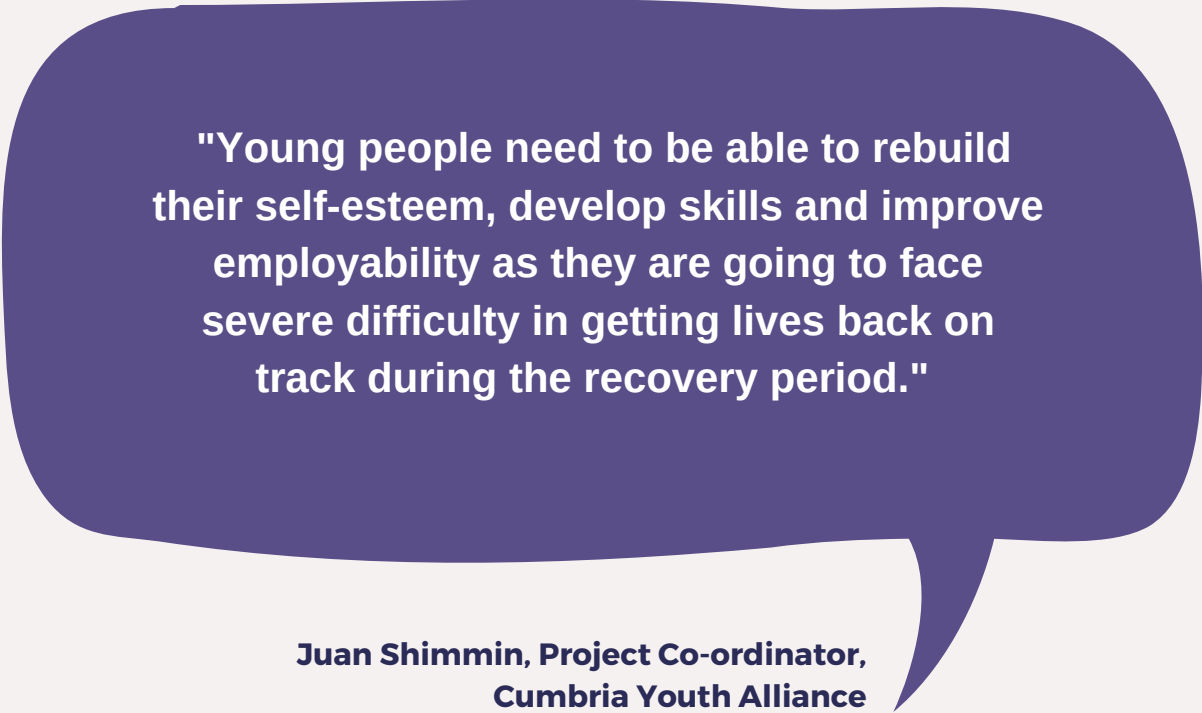
Click more information, visit: [www.cumbriafoundation.org/transforming-west-cumbria/cando/](http://www.cumbriafoundation.org/transforming-west-cumbria/cando/)



# WHAT IS THE YOUTH ADVISORY PANEL?

#CanDo projects bring young people together – to learn something new, do something different, or experience something unique – and that leaves behind a social legacy of increased wellbeing at an individual level, as well as happier and more connected communities.

To do this, we want to bring together a group of young adults to advise us in the decision making and help inform what the #CanDo programme does, how it operates, the partnerships it develops and how it communicates. By volunteering your time and sharing your views, you can help make a real difference!



**"Young people need to be able to rebuild their self-esteem, develop skills and improve employability as they are going to face severe difficulty in getting lives back on track during the recovery period."**

**Juan Shimmin, Project Co-ordinator,  
Cumbria Youth Alliance**

## WHAT YOU'LL BE DOING?

You'll be advising and being ambassadors for #CanDo. This could mean giving us feedback on activity across the lifecycle of a project from funding applications, shaping and advising the #CanDo programme so it reaches the right audience and the projects funded are relevant, practical and accessible to young people.

We'd like you to promote the fund, review funding applications and ultimately decide what project you collectively want to invest in to increase wellbeing at an individual level and bring communities together.

## AND WHERE?

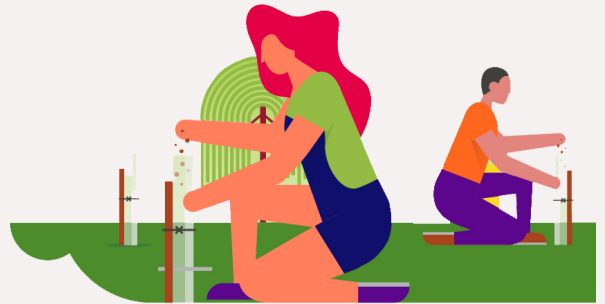
The panel is made up of young people from across West Cumbria. Most of the time you can help us from anywhere via a computer or laptop, or your internet-enabled phone. We hope to get together at least once so you can meet everyone in the group, share experiences and help us shape our work. We expect to hold a minimum of two panel meetings between September 2021 and March 2022.

**"Young people must be involved in decision making about the things that matter to them. Communities benefit from the young people's energy, ideas, opinions and capacity to create positive change and challenge the status quo."**

**Kate Whitmarsh, Development Officer,  
WE WILL/Ewanrigg Local Trust**

# WHO ARE WE LOOKING FOR?

- You'll be aged between 16-25 years old and live in West Cumbria
- You'll be passionate about your local community, volunteering and the potential that local people and community groups have to change lives – all part of Cumbria Community Foundation's mission
- You'll be driven to make a difference, develop new skills and see things through to the end, until at least March 2021.
- You're a great team player encouraging others to have a voice as well as confident to speak your mind and represent others views that are affecting young people today
- You'll be able to give a couple of hours a month to us.



**"Once trained, the youth wellbeing champions will support their communities by delivering the training in youth clubs, schools and other groups reaching up to 240 additional young people."**

**Samantha Joughin, Director,  
Together We CIC**

# WHAT YOU'LL GET FROM US



- You'll be part of a team of fun, like-minded young people from across West Cumbria that make a difference to real people
- You'll have a member of staff who will support you in your role and who you can contact with any questions as well as meet and work with senior decision makers
- You'll get to put your existing skills into practice, learn new ones – including assessing applications, shape social media content, blogging and team-work
- Becoming a member will help to develop skills and experience such as decision making, influencing and team building
- We'll be happy to provide a reference
- You'll be reimbursed for any agreed expenses while carrying out the role

# HOW TO GET INVOLVED

If this sounds like the kind of thing you'd be interested in, we'd love to hear from you! Click [here](#) to access the application form. Once completed, please return the application via email to [annalee@cumbriafoundation.org](mailto:annalee@cumbriafoundation.org).

If you have any questions, please contact Annalee or call 01900 820827.

## NEXT STEPS

STEP	DATE
APPLICATIONS OPEN	TUESDAY 1ST JUNE 2021
APPLICATION CLOSING DATE	FRIDAY 9TH JULY 2021
WE LET YOU KNOW	FRIDAY 23RD JULY 2021
FIRST MEETING & INDUCTION	TUESDAY 27TH JULY, 5PM
1ST PANEL MEETING	TUESDAY 21ST SEPTEMBER, 5PM
2ND PANEL MEETING	TUESDAY 4TH JANUARY, 5PM
3RD PANEL MEETING	TUESDAY 15TH MARCH, 5PM

# LOCAL YOUTH IMPACT

Last year (2020-21), the #CanDo youth advisory panel awarded £52,497 to the following projects in West Cumbria:

## **Always Another Way**

£4,956

Young people's Colour Coded LGBTQ+ project

## **Centre for Leadership Performance**

£4,992

Leading Change Campaign

## **Community Alcohol Partnerships**

£3,905

Young Health Champions

## **Cumbria Action for Sustainability (CAfS)**

£5,000

Youth action for Sustainability

## **Cumbria Youth Alliance (CYA)**

£5,000

Dreamscheme

## **Ewanrigg Local Trust**

£5,000

WE WILL youth mental health campaign

## **Maryport and Solway Sea Cadets**

£4,250

Seabin for Maryport Marina

## **Spiral**

£4,994

Online peer support for young people affected by bullying

## **The Phoenix Youth Project**

£5,000

Cuppa & Craic

## **Together We CIC**

£4,442

Youth wellbeing champions

## **Whitehaven Harbour Youth Project**

£4,940

Green Fingers Club

