



SMILES ALL ROUND – Young athletes at Kendal judo club have been the recipients of new mats with money from a Foundation grant.



**CUMBRIA**  
COMMUNITY FOUNDATION  
*Giving for a better Cumbria*

# CUMBRIA Community Foundation

Spring Newsletter  
2006

## Seven New Funds

Cumbria Community Foundation continues to establish itself as one of the county's leading charities – announcing seven new funds in the last six months.

New donations and pledges totalling more than £350,000 have been made to the Foundation - which will help hundreds of voluntary organisations for years to come.

The new grant-making funds illustrate our role in allowing people to both create their own funds and contribute to our **Cumbria Communities Fund**.

A donation of shares from an anonymous supporter will form a £120,000 fund targeting environmental projects. The **Cumbria Environment Fund** will fund smaller schemes that benefit both the environment and the community. The donor hopes other people will donate to the fund.

One of the Foundation's long-term supporters, Mary Burkett OBE, is currently spearheading a fundraising campaign to establish the **Cumbria Cultural Fund**. It will support the artistic and intellectual life of our communities – an area Mary thought was overlooked in funding terms. Founded with an initial donation from her, commitments to

the Fund currently stand at more than £20,000. If you would like to support this new fund, please let us know.

A resident of Alston Moor is donating £30,000 to create the **Alston Moor Community Fund**, which will support projects in and around the moor. The founding donor hopes others will follow his example and make further additions to the Fund.

One of the county's oldest newspapers has teamed up with the Foundation to support grassroots projects in its circulation area.

The **Cumberland and Westmorland Herald** plans a fund of at least £30,000 and has made an initial £10,000 contribution. The Fund will be administered by the Foundation. While the Fund is being built, two or three small grants totalling around £1,000 will be made each year.

Overseen and supported by the High Sheriff, the **Crimebeat Fund** exists primarily to fund projects which reduce

crime. The Fund is, subject to confirmation, finding a new home with the Community Foundation, which will be supporting the current and future High Sheriffs in administering it.

Nuclear industry specialists **RWE Nukem** have committed to creating a £25,000 long-term fund which will support community projects in West Cumbria. The money will fund youth and environmental projects.

We now administer the **Edmund Castle Educational Trust**, which promotes the education and training of young people in Cumbria - often those who have been in care or have special needs. Its Trustees meet twice a year to approve the grants, which are usually less than £1,000.

In addition, a legacy gift of £60,000 has been made to further build the Cumbria Communities Fund.

To discuss donating to any of the above funds or creating your own fund, please contact Andy Beeforth, Director or Ann Lohan, Business Development Director.

# Some of our recent grant stories



## Workbase Kendal

Workbase has made a real difference to Pauline, who first came to the project when she developed agoraphobia.

Workbase runs a printing and craft workshop, offering people with mental health problems work experience. Where appropriate, it supports them in returning to work.

Workbase offered Pauline – who has a flair for crafts - a safe environment at a difficult time. "I really enjoy coming here," she said. "Workbase has helped me overcome the worst of my agoraphobia".

Pauline has become a key member of the team at Workbase. She designs and creates new products, produces costings and helps run a regular market stall selling Workbase products.

Workbase recently received a grant from the Foundation's Strengthening Rural Communities Fund.



## Fit4life

In 1997 David had a massive heart attack followed by a heart bypass operation. In 2003 his heart condition deteriorated and he was referred to a specialist in the North East. Now, six months later, David is a new man thanks in large part to the Fit4Life project.

David's consultant referred him to Fit4Life for cardiac rehabilitation classes. The weekly sessions offer specialised exercise that allows patients to grow stronger without endangering their health.

David is now active and healthy and his consultant says he no longer needs specialist treatment.

'I really loved the exercise, the friends I made and the fact that I started to feel better straight away' said David.

The Fit4life gym, which is in Maryport, also caters for the general public. It was supported through two of our Allerdale Funds. It also received assistance from Cumbria ProHelp.



## Cumbria Business Education Consortium

Young people from 17 schools turned radio broadcasters for a day, taking over the air waves in South Lakeland.

Over six weeks the children worked with reporters and broadcasters to develop an hour-long programme including their own jingles, adverts, jokes, interviews and music.

The team from Selside School (pictured) chose healthy eating as their theme. They recorded fellow pupils singing and making bread, wrote a series of food-related jokes and hosted a celebrity chef cooking live during the programme.

Sarah, George, Zoe and Daniel said: 'It was really frightening at first, and we didn't dare think too hard about the thousands of people who were listening to us on the radio. Once we got started it was - wow - a brilliant experience.'

This project was organised by Cumbria Business Education Consortium and was funded by Cumbria Community Foundation and local businesses.

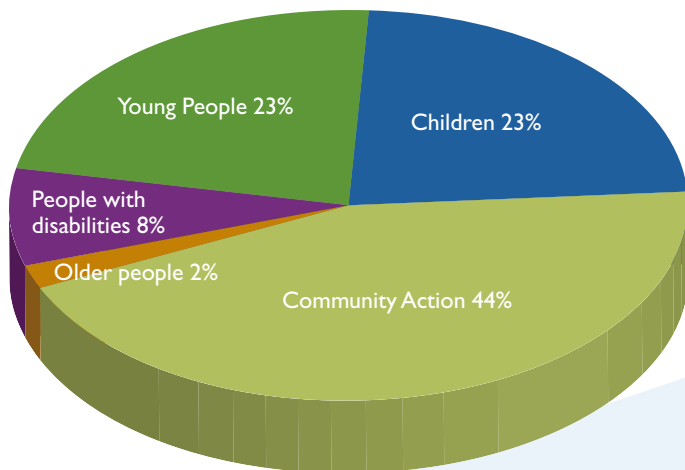
"Welcome to our latest newsletter. There is an awful lot going on at the Foundation - as you can see from our front page story. I hope you enjoy reading about our plans and achievements. I'd like to say a huge thank you to all the people who contribute to the Foundation - you are really making a difference to community life in our county."

Andy Beeforth, Director:

## Grant-making Highlights 2005/06

- 600 grants awarded to groups
- 1200 grants given to individuals (including 1,100 for people affected by the floods of January 2005)
- More than £2m in grants during the year through the Foundation
- Winning national awards for both grant-making and fundraising in recognition for the work of the Cumbria Flood Recovery Fund
- Securing an extra £100,000 for Children and Young Peoples projects from the government's Local Network Fund
- Assisting Cumbria Association of Councils for Voluntary Service to invest over £300,000 in grants to increase the capacity of local voluntary groups through the government's Change Up programme
- Working for the first time with Trustees of the Mary Grave Trust to help distribute travel grants valued at £86,861 to 117 young people in West Cumbria

Distribution of grants 2005/06



## Invest and Give

Investment Managers Border Asset Management have launched a new product with the Foundation.

The company, which has offices in Kirkby Lonsdale, is inviting clients to help local causes by either creating their own grant-making fund or adding to our Cumbria Communities Fund.

The money will go into a pooled fund, investment-managed by BAM. The Community Foundation will administer the grant-making process.

A BAM fund works just like a grant-making trust only it is simpler and cheaper to establish. Donors set the priorities and can be involved in selecting the groups that receive support. They also benefit from assistance from the Foundation's professional grants team, and receive regular reports on their fund.

Hugo Pring of BAM said: "We are delighted to offer this new service to our clients. A grant-making Fund at the Foundation provides donors with reassurance that their money will be well spent on causes which they care deeply about."



*Communities Reunited was one of the groups funded by the Flood Recovery Fund and visited as part of the March Grants Tour. It provided support and advocacy for hundreds of people.*

## Flood Fund Update

The Flood Recovery Fund is still making grants to those experiencing hardship.


Many people have had major difficulties with builders and insurers and some are only now returning to their homes.

Several projects that were set up with Flood Fund money during the crisis are still running. Generate, which offered Carlisle youngsters activities in the aftermath of the flood, Communities Reunited and the Age Concern Handy Person project are among the groups still helping people.

So far the Fund has given more than three quarters of a million pounds to 44 groups and 691 individuals. There is around £15,000 left in the Fund.

Flood-hit families with young children were given a little extra Christmas cheer when the Recovery Fund sent £50 per child to brighten the festive season.

Some of the Foundation's Trustees visited Carlisle in March to see for themselves some of the projects the Foundation funded (see pic).

PRICEWATERHOUSECOOPERS 

## Our Sponsor of the Year

PricewaterhouseCoopers have become the Community Foundation's sponsor of the year for 2006.

The accountancy firm was presented with a trophy at its Carlisle offices by Ann Lohan, business development officer. Their £5,000 gift will contribute towards our AGM and the production of our Annual Report.

*Pictured is David Elliott of PWC with Business Development Director Ann Lohan.*





Chris Wadsworth of Castlegate House with Vice Chairman Arthur Sanderson.

# Corporate Events Calendar

The Foundation is hosting several events over the coming months.

Carlisle Racecourse is the venue for a dinner and an evening of racing on May 18th, and on May 25th there will be a drinks reception at the Castlegate Gallery in Cockermouth.

On July 13th corporate members will be treated to an evening of music at Carlisle Cathedral. The concert will be preceded by a supper, sponsored by H & H Group and Burnett's solicitors.

Booths will host an event in Artisan – the award-winning restaurant in the Kendal store. There will be an opportunity to explore with MD Edwin Booth how a local business thrives in a competitive sphere, plus wine tasting.

The work of the Community Foundation is supported by more than 140 local businesses. If you are involved in a local business and would like to attend one of these events or become a member please contact Ann Lohan, Business Development Director.

## Welcome to our new corporate members

- AHC & Partners Ltd
- B I Properties Ltd
- Bells of Lazonby Ltd
- Castlegate House
- Firpress Group Ltd
- Greggs of Cumbria
- IrthingVale Quality Foods
- Kentdale Landrover
- Lamont Pridmore
- M-Sport Ltd
- Nuclear Decommissioning Authority
- Peill & Company Ltd
- Rayrigg Estates Ltd
- Robert Meacock & Company
- Spedding Dental Clinic
- The Academy for Chief Executives (Cumbria & North East)
- United Utilities Water PLC
- Westmorland Marquee Hire

## County Grants name change

The County Grants Programme has been renamed the Cumbria Communities Fund.

This change is to make clear the link between the Foundation's long term capital fund, which is now also named the 'Cumbria Communities Fund' and the grants it supports.

## Cumbria ProHelp

The Cumbria ProHelp scheme, which is jointly managed with Business in the Community is going strong with over seventy volunteers providing targeted assistance to community groups throughout the county. Ring Leila Cox (pictured) at the Foundation for more information.



## Barrow Community Trust Hand in Hand for a Better Barrow

Abbey House was the venue for the Community Trust's Spring Ball in March. Guests raised more than £1,500 for Barrow's own long term fund.

The Barrow Trust has launched a new account with the Furness Building Society.

Each year the Furness will give the Trust the equivalent of one per cent gross interest on the average total balance held in its Affinity Accounts.

In December Sarah Gardner, the Trust's Fundraiser, moved into new offices at the Furness Building Society. Thank you to Age Concern Barrow for providing a home to the Trust during its first three years.

On Sunday September 17th the Trust will be organising a Fun Run and 5K Road Race. The Barrow Sports Council is supporting this event.

For more information contact Sarah Gardner on 01229 824466 or [www.barrowcommunitytrust.org](http://www.barrowcommunitytrust.org)



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